

Aisha Masood

EDUCATION:

- **Masters of Arts in Clinical Psychology**, Loyola College, Baltimore, MD, 1993
- **Bachelor of Arts Psychology**, Towson University, Baltimore, MD, 1990

PROFESSIONAL WORK EXPERIENCE:

Lead Case Manager, Family & Children's Services, Laurel, MD, October 2013 – August 2018

- Assessed and provided intensive case management services to a diverse group of children and families at risk of homelessness. Strong advocate to promote equality for children with significant behavioral and academic challenges. Collaborated with school personnel and student services to help identify and triage for mental health resources. Maintained and reported data analysis to community stakeholders to include United Way of Central Maryland and the Department of Community Resources and Services. Initiated school-based case management and identified schools based on data collected. Facilitated and attended on-going outreach events at several Title 1 schools. Active member of Oakland Middle School Steering Committee.

Volunteer- Grassroots Day Resource Center (DRC), Jessup, MD, 2012 – 2013

- Provided one-on-one job search assistance to homeless clients. Helped screen and assess clients on Ready, Set, Work HC! Program. Connected clients with the Coordinated System of Homelessness Services (CSHS) for additional supports and resources.

Director/Services Coordinator, American Red Cross, U.S. Army Base, , Germany, 1996-1997

- Provided clinical services to military families to include crisis intervention. Provide on-going emergency services and granted financial aid. Attended confidential briefings during the Bosnian war to assess the scope of disaster relief. Guaranteed 24-hour support to troops and their families.

Psychologist Associate, eMerge, Inc., Baltimore, MD. 1994-1995

- Provided counseling to clients while transitioning them from an institutional setting to the community. Mentored clients on daily living skills to promote self-sufficiency. Actively networked in the community connected clients with behavioral health resources.

Mental Health Worker/ Case Manager, Sheppard and Enoch Pratt Hospital, Baltimore, MD 1994-2000

- Worked as a therapist to provide individual, family and group counseling and served on the crisis management team. Facilitated and created a safe place for groups in stress management, relaxation, conflict resolution, intimate partner violence and anger management.

PROFESSIONAL ACCOMPLISHMENTS AND SKILLS:

- **FAMILY STABILITY PROGRAM**- Tasked with launching the program, training staff, promoting the program and making it more visible in the community.
- **CASE MANAGERS IN SCHOOL SYSTEM**—Initiated school-based case management services at title 1 school. Identified needs and provided information and referral to families. Followed up to confirm needs were met in a timely matter.

- **PUBLIC SPEAKING** – Promoted the Family Stability Program during United Way of Central Maryland Workforce Campaign, United Way of Central Maryland Leadership Board and United Way of Central Maryland Women United events.
- **ADULT CERTIFIED MENTAL HEALTH FIRST AID INSTRUCTOR** Facilitated mental health training to community partners
- **YOUTH CERTIFIED MENTAL HEALTH FIRST AID INSTRUCTOR:** Connect, Advocate, Educate and Lead by example in building relationships in community.
- Oakland Mills Steering Committee— Facilitated by Oakland Mills Middle Principal, Megan Chrobak to review Restorative Justice and apply it to support the emotional, physical and cognitive development of our school children.

AWARDS AND CERTIFICATIONS:

- Certified Mental Health First Aid Instructor, Dual Certification for both Adult and Youth, June 2015 – present
- United Way of Central & University of Maryland School of Social Work Case Management Certificate Program, February 16, 2018
- Bridges of out poverty trainee, 2014 – present
- Recipient of Audrey Robbins Humanitarian Award 2015
- Panelist for Inaugural United Way Women’s Leadership Council 2015
- Community Partnerships
 - Howard County Public School System
 - Board to Promote Self-Sufficiency
 - Plan to End Homelessness
 - Howard County Local Health Improvement Coalition

REFERENCES:

- References are available upon request