

## Education

### ***Master of Social Work, May 2000***

Simmons College School of Social Work, Boston, MA.

### ***Bachelor of Science, Magna Cum Laude, May 1997***

Boston University, Boston, MA.

## Work Experience

01/2012 to the Present: Collaborative Counseling Center, Columbia, MD.

### **Co-Owner and Clinical Director**

- Oversee and facilitate all the clinical, administrative and publicity aspects of the counseling center.
- Hire, manage and supervise clinicians, therapists and administrative staff.
- Facilitate new client intakes and assign providers.
- Provide individual, group and family counseling services to clients ages 5 to 65 using innovative therapeutic interventions.

08/2009 to August 2012: Glenelg Country School

### **Primary and Lower School Counselor, Dragon Camp Coordinator**

- Provided school counseling services to students' grades kindergarten through 5<sup>th</sup>, including individual and group counseling, crisis intervention and family collaboration.
- Facilitated staff development workshops on topics of social and emotional health and provided consultation to educators regarding student concerns.
- Facilitated parent education workshops on topics of social and emotional health.
- Created and implemented school counseling curriculum for students, providing resources for educators and taught classroom-based social and emotional lessons.

Summer 2013 to the Present: Capital Camps and Retreat Center

### **Camper Care Team Mental Health Provider**

- Provide individual mental health support to campers as part of the camper care team who supports and maintains the emotional health and safety of overnight campers.
- Train and support counselors and staff on relevant mental health issues and overall social and emotional health to enhance their ability to care for campers.
- Communicate regularly with parents to alleviate concerns and provide reassurance.
- Partner with Camp Director to provide leadership for mental health interventions and crisis management.

8/2000 to 8/2003, 1/04 to 4/04: Pathways School, Silver Spring, MD.

### **Clinical Social Work Therapist**

- Provided weekly individual and group therapy, family counseling and crisis intervention services to emotionally disturbed adolescents in a non-public, level 5 therapeutic high school.
- Performed admission interviews and clinical intake evaluations with students and families.
- Created and implemented individualized education plans for caseload of students requiring special education services and collaborated with teachers and administrators on behalf of students.

## Certifications and Honors

Certified Social Work Supervisor

Member of National Association of Social Workers

Howard County Resident, wife and mother of 3 Amazing Children and Doodle!