

# Sara K. Smoley, LCSW-C

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**Licensing:** Licensed Certified Social Worker-Clinical; License Number 13909; Effective 3/26/08

**Education:** **Master of Social Work, January 2003-July 2005**  
Concentration: Clinical Specialization: Mental Health GPA: 3.90  
University of Maryland at Baltimore, School of Social Work  
**Bachelor of Arts, September 1996- May 2000**  
Major: Behavioral Science Concentration: Psychology GPA: 3.884  
Concordia College, Bronxville, New York  
**Level 1 Trauma Certification** The Ferentz Institute 2015

**Experience:** **Grassroots Crisis Intervention** 6700 Freetown Road, Columbia, MD 21044 June 2018-Present  
**Director of Clinical and Crisis Services.** Responsible for the overall and day to day management of the crisis hotlines, walk-in counseling, Mobile Crisis Team, and Substance Use Disorder program including quality of services, staff hiring and termination, staff training and supervision, development of policies and procedures related to clinical and crisis services, operational protocols for clinical and crisis services, data management, outcomes reporting, agency-wide clinical consultation and community engagement.

**Sexual Assault Spouse Abuse Resource Center, Inc.** 20 N. Main Street, Bel Air, MD 21014 Dec. 2013-May 2018  
**Clinical Director.** Responsible for the overall operation of SARC Clinical services. Met regularly both individually and collectively with clinical program employees to discuss cases, procedures, and problems. Evaluated the needs of the programs and made appropriate changes and/or additions to the programs. Maintained accurate up-to-date records on each program staff member and interns. Maintained and reported accurate and up-to-date statistics for the program. Participated in the planning and delivery of community education and other agency projects. Maintained a good working relationship with outside agencies, both in Harford County and surrounding areas.

**Renewal Counseling Center, Inc.** 8615 Ridgely's Choice Drive, Baltimore, MD 21236 April 2008-December 2013  
Provided outpatient psychotherapy for individuals with a variety of mental illness as well as dual diagnosis with substance abuse. Assessed patients for suicidality and facilitated hospital admissions when appropriate. Therapy sessions included structured Cognitive Behavioral Therapy, Object Relations Therapy and Psychodynamic therapy.

**Alliance, Inc.** 9201 Philadelphia Road, Baltimore, MD 21237 August 2005-September 2009  
Psychotherapist for Intensive Outpatient Program and Mobile Treatment Program. Provided group therapy for individuals with dually diagnosed mental illness and substance abuse. Provided long-term mental health therapy for 14 clients in Mobile Treatment Program. Coordinated mental health treatment for Mobile Treatment patients with team who included psychiatrist and psychiatric nurse. Performed mental health evaluations for Mental Health Diversion Program (Mental Health Court) in Harford County District Court to determine eligibility for program. Utilized Structured Clinical Interviews for Diagnosis of DSM-IV Axis I Disorders to determine diagnosis. Created and submitted written, clinical evaluations for Mental Health Diversion Program.

**Baltimore County Bureau of Mental Health,** 6401 York Road, Baltimore, MD 21212 Sept. 2004-July 2005  
(Field Placement/Internship)  
Worked in women's detention center with inmates enrolled in TAMAR Program. Worked as co-leader for therapy group for incarcerated women with trauma related disorders. Supervised clinical and case management services for women with trauma issues who were incarcerated or recently released from jail. Advised callers to the BCBMH Helpline concerning crisis intervention and mental health resources.

**Journal Publications:** Dickerson F, Boronow JJ, Stallings C, Origoni AE, **Cole SK**, Yolken RH. (2004). Cognitive Functioning in schizophrenia and bipolar disorder: comparison of performance on Repeatable Battery for the Assessment of Neuropsychological Status. *Psychiatry Research* 129(1): 49-53.

Dickerson FB, Boronow JJ, Stallings C, Origoni AE, **Cole S**, Krivogorsky B, Yolken RH. (2004). Infection with Herpes Simplex Virus Type 1 Is Associated with Cognitive Deficits in Bipolar Disorder. *Biological Psychiatry* 55(6): 588-593.

Dickerson FB, Boronow JJ, Stallings CR, Origoni AE, **Cole S**, Yolken RH. (2004). Association Between Cognitive Functioning and Employment Status of Persons With Bipolar Disorder. *Psychiatric Services* 55(1): 54-58.