# **STEPHANIE M. LYON**

#### EDUCATIONAL BACKGROUND

Ph.D., Policy Sciences, Aging and Long-Term Care Policy, University of Maryland Baltimore County, 1993.

M.A., Applied Sociology, Aging Studies, University of Maryland Baltimore County, 1988.

B.S., Art Education, Towson State University, 1964.

### **PROFESSIONAL EMPLOYMENT**

Senior Research Analyst, Center for Health Program Development and Management, University of Maryland Baltimore County, Baltimore, Maryland, October 1995 – December 2006 (retired January 2007).

Executive Assistant, Center for Health Program Development and Management, University of Maryland Baltimore County, Baltimore, Maryland, April 1994 - October 1995.

Public Policy Coordinator (part time), Alzheimer's Association Maryland Chapters, Baltimore, Maryland, August 1993 - December 1993.

Project Director, Research Project, Department of Sociology and Anthropology, University of Maryland Baltimore County, July 1989 - December 1993.

Part-time Instructor, Anne Arundel Community College, Arnold, Maryland, Spring 1993.

Part-time Instructor, Department of Sociology and Anthropology, University of Maryland Baltimore County, 1990 - 1995, 1999.

Research Assistant, Department of Sociology and Anthropology, University of Maryland, Baltimore County, January 1987 - June 1989.

Director, Senior Companion Program, Baltimore City Health Department, Baltimore, Maryland, 1986.

Director, Retired Senior Volunteer Program, Baltimore City Health Department, Baltimore, Maryland, 1982-86.

Assistant Director, Elderly Nutrition Program, Baltimore City Health Department, Baltimore, Maryland, 1980-82.

Director, Elderly Nutrition Program, Howard County Office on Aging, Ellicott City, Maryland, 1977-80.

Program Planner/Analyst, Human Resources Development Agency of Baltimore County, Inc., Dundalk, Maryland, 1976-77.

# SKILLS AND EXPERIENCE

Research:

Evaluator for Maryland Access Point, an Aging and Disability Resource Center project.

Participated in development, analysis, and reporting of surveys for Maryland Access Point; the Maryland Department of Aging with the Baltimore City Commission on Aging; CHAI/ Senior Friendly Neighborhoods; the Maryland Department of Health and Mental Hygiene; and Montgomery County, Maryland.

Involved in all phases of data collection, entry, and analysis on study of use of Senior Centers in Charles County, Maryland.

Managed all phases of data collection, entry, and analysis on research project titled, "Caregivers to At-Risk Elderly Board and Care Home Residents."

Assisted in development and writing of funded grant application for research project titled, "Caregivers to At-Risk Elderly Board and Care Home Residents."

Involved in all phases of data collection, entry, and analysis on research project titled, "Unlicensed Board and Care Homes and Elders' Well-Being."

Carried out all phases of study of Domiciliary Care Residents for Maryland Department of Health and Mental Hygiene.

<u>Program Development and Administration</u>: Analyzed long-term care policy for statewide Medicaid program.

Coordinated operations for statewide health services management and delivery research center.

Administered nutrition program for the elderly at seven sites involving preparation of grant applications, budgets and reports; supervision of staff; negotiation of contracts; public relations activities in Howard County, Maryland. Planned and implemented day program for frail elderly people at two sites.

Managed daily operation of nutrition program for elderly serving 3000-4000 meals per day at 70 sites; coordinated social programs with meal service in Baltimore City, Maryland.

Administered program for 1000 elderly volunteers working in 65 sites; planned and implemented annual luncheon serving 800 people in Baltimore City, Maryland.

Developed and administered program for 60 low-income elderly volunteers serving as companions to frail elderly people in Baltimore City, Maryland.

Researched, developed and wrote several applications for grants for social service programs for children and the elderly in Baltimore County, Maryland.

Teaching:

Sociology of Women; Introduction to Sociology; Marriage and the Family; Women as Caregivers: Sociological and Policy Perspectives; Issues in Health Care; Population and Society.

### **PROFESSIONAL ACTIVITIES AND DISTINCTIONS**

Commissioner, Howard County Commission on Aging, March 2022 - present.

Member, Board of Directors, Alzheimer's Association of Baltimore/Central Maryland, 1988 - 1996; Vice President, 1994 - 1996.

Member, Public Policy Committee, Alzheimer's Association Greater Maryland Chapter, 1989 - 1996.

Member, Maryland Health Care Decisions Act Advisory Council, appointed by Governor William Donald Schaefer, July 1, 1994.