

Kimberly Gillette LCSW-C

EDUCATION

Smith College School for Social Work, Northampton, MA, Masters of Social Work, August 2011
Smith College, Northampton, MA, Bachelor's of Arts Psychology 2005

TRAININGS

World Professional Association for Transgender Health Foundations training, Widener University Advanced Transgender Studies Certificate, Advanced and Beginner Trauma-Focused CBT for Children and Adolescents,
YWCA Domestic Violence 30 hour and Sexual Assault Victim Advocate 30 hour Certification

EXPERIENCE

Private Practice, Arnold, MD

Owner/Clinician June 2016-present

- Provide individual therapy to LGBTQIA2S+ adolescents and adults
- Provide assessments and letters for gender affirming surgeries
- Provide brief supportive counseling and psychotherapy to parents of transgender teens and adults
- Obtain individual bi-weekly consultation on autism and OCD

Balance Point Wellness, Baltimore, MD

Contracted Clinical Supervisor November 2020-present

- Provide individual supervision to 2 clinicians towards licensure
- Review documentation
- Provide group supervision quarterly
- Co-facilitate a monthly support group for transgender and non-binary teens and for parents

Utah Pride Center, Salt Lake City, UT

Contracted Clinical Supervisor November 2021-May 2022

- Provide individual supervision to 3 interns and 1 provisionally licensed clinician
- Provide consultation on working with transgender and non-binary clients
- Review documentation
- Provide group supervision weekly

The Children's Guild/University of Maryland School Based Mental Health Program Wilde Lake High School, Columbia, MD

Clinician November 2017-August 2020

- Collaborated with Student Support Services team members and collaborated on improving student retention and academic performance
- Received referrals and completed psychosocial assessments and treatment plans
- Provided individual therapy weekly
- Facilitated family meetings when applicable

- Attended parent/teacher conferences to support students' learning and performance
- Collaborated with and make referrals to outside agencies when needed
- Facilitated trainings for teachers and staff

Sheppard Pratt Health System, Ellicott City, MD

Adolescent Social Worker June 2016-November 2017

- Interviewed patients and families to assess psychosocial problems and complete psychosocial assessments
- Developed treatment plans
- Monitored and evaluated patient progress
- Conducted individual, family and group therapy sessions for patients and their families to help them achieve their highest level of psychosocial functioning
- Participated in treatment team meetings and grand rounds
- Developed and assisted in the implementation of discharge and aftercare plans

The Stone Foundation, Dundalk, MD

Contracted School Social Worker September 2015-June 2016

- Identified and assessed academic factors impinging on student adjustment and performance
- Served as a liaison between families and the school to promote collaboration in educational planning
- Completed psychosocial assessments to assist in the determination of special education services
- Determined and implemented appropriate therapeutic strategies to effect behavioral change
- Provided individual and group therapy to students
- Provided psychoeducational information to parents on issues related to child development and parenting
- Participated on Attendance Committee to decrease absenteeism and tardiness
- Provided crisis intervention services
- Provided staff consultation on issues affecting student participation in the learning process
- Maintained clinical records and submit appropriate documents for statistical reports
- Completed risk assessments and safety planning
- Completed classroom observations
- Served as a liaison between community agencies and parents/guardians and school personnel
- Attended professional development trainings

The Center School, Holyoke, MA

Clinician October 2013-September 2015

- Worked in collaboration with teachers, caretakers and outside providers to provide support to children with varying diagnoses including Autism, Fragile X, developmental delays and other psychological disorders
- Facilitated social skills and clinical groups for students ages 6-22
- Provided crisis prevention and intervention

- Developed social-emotional goals and benchmarks and facilitate implementation of these through Individual Education Programs
- Attended IEP and treatment meetings
- Developed Behavior Intervention Plans
- Provided support to classroom teachers and staff regarding clinical concerns
- Conducted monthly trainings for teachers and staff
- Collaborated with caseworkers, foster parents, caregivers and outside providers to provide wraparound services

Center for Human Development, Springfield, MA

Clinician May 2012-October 2013

- Provided trauma informed individual psychotherapy for at-risk adolescents in residential foster care
- Provided family therapy for clients from diverse socio-economic backgrounds
- Completed biopsychosocial assessments, treatment plans, and CANS
- Experienced in crisis management, intervention, and safety planning
- Attended treatment meetings, IEP, and other school meetings
- Worked with other providers including DMH, DCF, Family Network, and school personnel to create wrap around services for clients
- Made referrals for therapeutic mentors, work readiness programs, and alternative educational settings
- Assisted clients in college preparation and college search

Valley Psychiatric Services, Springfield, MA

Clinician September 2011-May 2012; SSW Intern September 2010-August 2011

- Provided individual outreach and in-clinic psychotherapy to a diverse racial and ethnic population of adolescents and adults
- Conducted comprehensive assessments and implemented treatment plans using a variety of modalities including Cognitive and Dialectical Behavioral Therapies
- Experience working with clients with dual diagnoses, trauma, DV, and severe mental illness
- Completed lethality assessments and Safety plans
- Attended Child and Family Team and Adult Team meetings and trainings
- Performed case management and made referrals to outside agencies

Western MA Regional Women's Correctional Center, Chicopee, MA

Forensics Intern September 2009-May 2010

- Provided individual psychotherapy for acutely mentally ill women
- Conducted comprehensive assessments, mental status exams, and developed treatment plans
- Developed curriculum for weekly psycho educational and safety planning for victims and survivors of domestic violence
- Collected and analyzed demographic data of inmates on domestic violence incidents and compiled a report for administration
- Facilitated short-term treatment group for pregnant and postpartum inmates

- Coordinated mental health aftercare and assisted clients applying for DMH services

YWCA of Western MA, Northampton, MA

Youth Outreach Counselor July 2005-May 2009

- Assisted youths to remain in school and with creating educational plans
- Created internship sites for youth to gain occupational skills under the Workforce Development Program for at-risk youth ages 14-21
- Provided intensive case management and created individualized service plans, using a strengths-based approach
- Attended local, regional, and statewide meetings to develop plans to improve youth employment and trainings around barriers to employment such as CORIs, homelessness, and mental health and/or substance abuse issues
- Assisted clients in college application process by attending meetings with guidance counselors, college fairs, financial aid night, College Goal Sunday and visits to campuses