

From: [Bisma Majeed](#)
To: [CouncilMail](#)
Cc: [Bisma Beg](#)
Subject: Re: Thank you
Date: Friday, April 21, 2023 2:19:45 PM
Attachments: [BOH Resume Bisma Beg MD MPH April 2023.pdf](#)
[Beg, Bisma M Letter of Intent for BOH position.pdf](#)

[Note: This email originated from outside of the organization. Please only click on links or attachments if you know the sender.]

Dear Howard County Council,

I wanted to thank you for your valuable time and inviting me to learn more about my professional background on April 17.

There were many details that I wanted to share with all of you however, considering the short time I wanted to be respectful of your and all other attendees' time as well.

I would like to share a few highlights about my professional background including resources and thoughts as requested by Council Chair in her email.

I have also attached my resume and a letter of intent for your review.

A brief synopsis of my recent and past clinical & Public Health accomplishments and impact includes:

1) Developed and implemented Women's health Education Program for State of Maryland Department of Public Safety and Corrections

Through my current work/position, I have co-authored an educational curriculum that is culturally sensitive, diverse, and LGBT inclusive. This curriculum addresses Women's General & Reproductive Health & Well being. The goal for this intervention was to implement the pilot project for an innovative, state-of-the art, evidenced-based, powerful initiative- Women's Health Education Program for the State of Maryland Department of Public Safety and Corrections/DPSCS at Maryland State Correctional Institute for Women at Jessup, MD (MCIW) in 2019. After the success of this pilot project, I have rolled out the program for the whole population of incarcerated females at the state of Maryland prison MCIW, at Jessup, MD in 2021. This was the only running educational program that I managed very successfully even during the peak COVID-19 pandemic days without any interruptions despite countless challenges.

I have been leading the program since 2019 till present. I have received excellent recognition and reviews because of my innovative leadership style in various roles.

2) Developed interventions and significant initiatives for Baltimore City neighborhoods through BCHD.

1) Developed an Obesity Toolkit for Health Care Providers for B'more for Healthy Babies, and,
2) Million Hearts Disease Initiative (as Project Consultant and Technical Advisor) and therefore assisted MCH and Chronic Disease Prevention Departments of the Baltimore City Health Department. Such engagements bestowed me with more insight into the health disparities arising from the inequity, social injustice in LGBT plus and other community sub-populations through the

study of BioPsychoSocial Model of health and disease.

3) Saved \$4 million during 4-year employment as a Chief Medical Officer

Introduced standards of care; reduced patient readmission by 25% and decreased length-of-stay (LOS) by 2-4 days (*average*) with operational and communication improvements. Opened and liaised communication between governing boards, medical staff, and leadership teams. Attended and contributed to advisory and quality control meetings and coordinated interdepartmental workflow and functions.

4) Raising community awareness, disseminating Public Health education and motivating through Social Media Platforms

I have a strong social media presence in the DMV area and internationally due to my mission and vision of raising awareness and educating the population on important social and public health issues. My goal is to bridge the gaps between racially and demographically different communities through several social media platforms.

I am passionate about bringing all my expertise and resources to BOH, Howard County, MD and aim to make the Howard County one of the top counties in the US through this opportunity. Ready to advance your mission and vision.

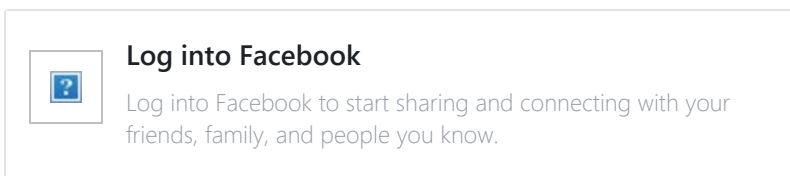
My community mobilizing efforts through various social media platforms:

LinkedIn: <https://www.linkedin.com/in/bismamajeedbeg/>

Dr Bisma Health & Wellness youtube channel:

https://www.youtube.com/channel/UCO5OJpilGmD9jed27lwwF_Q

Professional Facebook: [Log into Facebook](#)



Please feel free to reach out in case any more details are needed. Thanks again for your dedication and services to make Howard County the best County in US.

My best regards,
Bisma

Bisma Beg

M.D., MPH Bloomberg SPH -Johns Hopkins University

Graduate Certification MCH- Maternal Child Health- Bloomberg SPH- JHU

ModCAL Certified by JHPIEGO Johns Hopkins Program for International Education in Gynecology and Obstetrics

Project Management Professional (PMP trained)- Project Management Institute (PMI)

Women's Health Educator/Coordinator- MCIW

On Wednesday, April 19, 2023 at 12:44:07 PM EDT, Rigby, Christiana <crigby@howardcountymd.gov> wrote:

Dear Bisma,

I wanted to take a moment as the Chair of the Howard County Council and reach out to thank you for attending our Public Hearing and sharing your perspective with us this past week. We appreciate your time and attention to important local issues. If you have any further resources or thoughts to share with the Council please feel free to send them to councilmail@howardcountymd.gov.

Yours in service,

Christiana Rigby

Councilwoman, District 3

Howard County Council
3430 Court House Drive, Ellicott City, MD 21043

crigby@howardcountymd.gov

410.313.4101

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BISMA MAJEED BEG

Innovative, Minority Healthcare Leader with a Multi-Dimensional Portfolio
RESOURCEFUL | MOTIVATIONAL | STRATEGIC | IMPACTFUL

A passionate public health leader possessing a unique blend of credentials and skill set gained through the development and implementation of impactful community initiatives.

Date: February 3, 2023

Chairman Board of Health,
Howard County, Maryland

Re: Membership for the Board of Health, Howard County, Maryland

Dear Dr. Rossman,

My name is Bisma M. Beg and I am a resident of Columbia, Howard County, Maryland

I am reaching out to you to express my keen interest in helping serve my County's diverse neighborhoods and communities by joining the Howard County Board of Health. I strongly believe that possessing a unique blend of interdisciplinary healthcare experiences, skill set, surviving through my own personal journey (an immigrant, Pakistani very young Widow/Survivor, single mother, a true definition of minority in many ways) and then reestablishing myself as a female leader after having gone through numerous challenges, I would be able to bring a whole new insight into the BOH while representing the voice of several minority groups.

Owning a diverse background in healthcare (Correctional, Public Health, and former OBGYN) and various academic credentials have assisted me in leading several international programs, national and community initiatives that created significant lifelong impacts for demographically inclusive communities.

Early clinical experiences in managing (as a former Chief Medical Officer overseas, certified M.D) vulnerable patients' populations affected with chronic diseases, I developed a deep understanding into the Social Determinants of Health (SDOH) that contributed to their illnesses. After the pursuit of my Master of Public Health (MPH) degree from the Bloomberg School of Public Health at Johns Hopkins University,

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Safety and Corrections/DPSCS at Maryland State Correctional Institute for Women at Jessup, MD (MCIW) in 2019. After the success of this pilot project, I have rolled out the program for the whole population of incarcerated females at the state of Maryland prison MCIW, at Jessup, MD in 2021. This was the only running educational program that I managed very successfully even during the peak COVID-19 pandemic days without any interruptions despite countless challenges.

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Platforms:

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I am passionate about bringing all of my expertise and resources to BOH, Howard County, MD and aim to make Howard County one of the top counties in the US through this opportunity. Ready to advance your mission and vision, I will wait excitedly to hear from you.

My best regards,

Bisma Majeed Beg

M.B.B.S (former OBGYN), **M.D.** (certified), **MPH** (Johns Hopkins University), **Graduate Certificate in Maternal Child Health (MCH)**, **PMP** (trained).

BISMA MAJEED BEG, M.D., MPH.

SEASONED HEALTHCARE LEADER

CREATE | EDUCATE | PROMOTE | INFLUENCE | MOTIVATE

Passionate Healthcare Professional with A Mission to Create an Impact in Community

Medical Doctor (Certified MD, former OBGYN, non-licensed) Master of Public Health (MPH), PMP

Maternal and Child Health Graduate Level Certification

Clinical & Population Health-Based Training and Education.

Strong Relationships with Stakeholders and Community. Clinical, Public Health and Project Management Experience

Multi-lingual- Fluent English, Hindi, Urdu, Punjabi.

PROGRAMS | DELIVERABLES | SERVICES | RESOURCES

Powerful combination of clinical/public health, project management expertise and acumen leveraged across multiple successful health-focused programs, initiatives, and operations related with Women's Reproductive and Sexual health.

Insightful in identifying, assessing, and meeting training and education needs. Creative in developing training resources and materials.

Precise and Diligent in establishing goals, defining metrics, and addressing program and operational issues. Accurate in database analysis and evaluation, reporting, monitoring, and presenting program milestones and data effectively and efficiently.

Proactive in motivating behavioral changes and influencing target audience and stakeholders, ensuring knowledge transfer, and establishing cross-functional, interdepartmental, and community outreach program collaboration.

Initiation | Development | Implementation | Clinical and Public Health Initiatives | Women's Health Subject Matter Expert | Cultural Awareness and Sensitivity | Chronic Disease Prevention | Effective Communication | Out of -the-box-Thinker | Multi Site Operations and Collaboration |

EXPERTISE DELIVERED

EXPERIENCE AND SKILL SET

PUBLIC HEALTH LEADERSHIP & PROGRAM MANAGEMENT EXPERIENCE

YESCARE (formerly CORIZON) Correctional Health, Inc. for Maryland Department of Public Safety, and Corrections (DPSCS, MD) Hanover, MD 2019- present

Women's Health Education Program- Project Developer, Implementer, Facilitator 2019- present (active position)

An initiative sponsored by the State of Maryland Department of Public Safety and Corrections (DPSCS)

Selected for the main leadership role to initiate, plan, develop and implement a brand new, state-of-the-art, evidence-based Women's Health Education Program for Maryland State female prisons by CORIZON Correctional Healthcare to create an impact in the life of approx. 700 inmates incarcerated at the Maryland Correctional Institute for Women (MCIW) and Baltimore City jails. This initiative is a significant part of a \$680 million, five-year contract awarded to Corizon by the Department of Public Safety and Corrections (DPSCS).

- **Assisted Maryland in becoming a pioneer by creating a brand-new model for a Women's Health Education Program/Project (WHEP) for DPSCS- 2019 Co-authored, edited, and finalized the clinical curriculum** for this program (initially drafted by the Baltimore City Health Department) to deliver an evidence-based, comprehensive, and robust final product that addresses health issues faced by women at various reproductive stages in their life course.
- **Drafted and developed various detailed documents** such as proposals, protocols, and surveys to guide the successful launch of the pilot project followed by the implementation of the full program on a larger scale. Developed reporting tools to collect, monitor, track and evaluate project's progress and resources. Other

documents included program information flyers, various surveys (pre and post program evaluation) to meet and analyze the specific needs and progress of the students.

- **COVID-19 Pandemic Recovery Plan 2020-** Due to the Covid-19 global pandemic and an imposed lockdown, re-created the program's protocol for the pilot project within a few weeks on urgent basis, as requested by client & other leadership team.
- **Revised and tailored pre- developed, comprehensive curriculum** designed originally only, for in-classroom facilitation by the instructor. Re-formatted the content to create several easily understandable (at average 5th-grade level) **Self-Study Packages (SSPs)** replacing the classroom mode of delivery and collaborated the resources to deliver them to each of the student's cells, each week for every term of the program.
- **Successful launch of the Pilot project for WHEP 2020 at MCIW-** Modified whole of the original intervention and its executionary tools (including the curriculum) to incorporate CDC and state of MD's proposed COVID-19 pandemic mitigating policies, specific to the prison environment.
- **Directed the pilot project** through necessary modifications during the implementation phase and achieved desired goals despite extreme restrictive movements at the prison caused by pandemic.
- **Defined benchmarks communicated** back and forth with regular status updates, and detailed reports throughout the implementation. Collaborated with various stakeholders including participants.
- **Managed and cleared out expected and unexpected roadblocks** throughout each phase of initiation, planning, implementation, monitoring, and evaluation.
- **Influenced and gained almost 100% enrollment** for the entire pilot project that included enrollment for both the mandatory and non-mandatory classes.
- **Led and organized health events including seminars and health fairs** (for the awareness of Breast Cancer & Cardiovascular disease prevention) to educate around 700 incarcerated females.
- **Established relationships** with the local health departments (Baltimore City and Howard County), nationally renowned organizations, and secured free of charge, engaging and informative health brochures and resources to distribute among incarcerated females in both the Spanish and English languages.
- **Excellent track record of program's success** demonstrated by various stakeholders'(clients, executive leadership, students') highly satisfied verbal and recorded reviews and recommendations on an ongoing basis.

Continental Clinical Solutions, LLC, Towson, MD

Women's Reproductive Health Research Study Manager - April 2019- June 2019

- Worked as a research coordinator for Continental Clinical Solutions, LLC, a private and very busy Clinical Research Organization (CRO), that specifically conducts many clinical trials (phase 2, 3 & phase 4) in women's health issues such as HPV, Fibroids, Endometriosis, Polycystic Ovarian Syndrome (PCOS) and others.
- Gained tremendous amounts of experience and training on conducting and managing research trials' SOPs, study protocols, IRB review, role of investigator in randomized, double blinded, placebo control women's health research in phase, 2, 3 and 4 trials.
- Secured all necessary certifications such as GCP- Good Clinical Practice and others.

Community Leadership and Volunteering

Pro bono/ Volunteer work & Professional Development Trainings - July 2015-March 2019

Contributed to pro bono research projects and presented as a frequent guest lecturer for Pakistani university – in-person lectures during multiple extended stays, and via Skype when US-based.

- **Coached, mentored, and volunteered** for multiple community organizations and programs in the US. Assisted in planning fundraising and community development projects. Participated in diversity and inclusion, and leadership training meetings including Howard County high schools.
- **Completed Project Management Professional (PMP) training**, certification in progress.

Office of Chronic Disease Prevention, City of Baltimore, Department of Public Health Baltimore, MD

Program Manager/Technical Advisor/Coordinator | Million Hearts Initiative 2015 (4-month role through 1st Choice Temp Agency)

CDC-sponsored national heart disease and stroke prevention initiative – target: preventing 1 million heart attacks and strokes

Appointed as interim coordinator for CDC-sponsored initiative and assisted with training after permanent replacement hired – *retained beyond initial contract based on contributions*. Collaborated with the Federally Qualified Health Center (FQHC) and hospital representatives in implementing a system-based approach and strategy/intervention to reduce hypertension- and diabetes-related emergency room visits and readmissions. Coordinated communications, produced project progress reports, and delivered executive-level presentations and plan-do-study-act (PDSA) results and findings.

- **Defined data parameters and study selection criteria** in partnership with department supervisor and data analyst. Accessed raw FQHC health data, applied filters, and identified 50 high-risk patients. Developed and maintained a computerized study record and data management system.
- **Influenced and gained almost 90% participation** in an 8-week study from identified participants. Designed multidisciplinary education and intervention guide addressing issues stemming from uncontrolled diabetes and hypertension. Captured cause and effect and health impact data; offered behavioral change modifications and motivation promoting healthy solutions and reduced emergency department visits.
- **Increased community awareness.** Informed community regarding health and wellness resources. Compiled, edited, purged, finalized, and confirmed hypertension and diabetes resources across 3 zip code areas. Conducted community-based chronic disease prevention education programs at FQHC centers.
- **Targeted causations factors and mapped strategy and plans** necessary for collective disease prevention efforts. Contributed to chronic disease prevention seminars; selected for the cardiovascular task force.

City of Baltimore, Department of Maternal Child Health, Baltimore, MD.

Project Consultant 2013-2014

(One-year, pro-bono role | Part of B'more Fit for Healthy Babies, infant mortality reducing multi year strategy)

Assumed leadership of long-dormant project; brought to live implementation and launch in only 12 months. Galvanized collaborative efforts and led project updating “Obesity Tool-Kit for Healthcare Providers” content. Developed, researched extensively, refined, and validated tool-kit data. Convened local, interdisciplinary healthcare providers and health department personnel panel; captured current and relevant treatments and protocols. Coordinated monthly meetings and cultivated project commitment between busy healthcare providers, weight-loss industry stakeholders, and health department representatives.

- **Established and managed development timelines and project schedules.** Defined benchmarks, communicated goals, and updated stakeholders regarding status. Cleared roadblocks and maintained open, prompt communications with all parties. Produced and provided requisite and ad hoc reports.
- **Led project to successful launch.** Inspired documented 5000-pound, collective participant weight-loss in first year. Improved user experience and access. Provided accurate, medically sound content.

Academic Studies-Johns Hopkins Bloomberg School of Public Health, Baltimore, MD 2012-2013

Fulfilled academic public health/population health education assignments and projects. *Earned a total of 88 credits in 11 months during the intense study program. Completed requisite internship targeted on Women’s Health (general & reproductive).*

- **Master of Public Health (MPH) and Capstone Project, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD 2012-2013**
 - Developed the proficiencies and multi-dimensional skills to assist for promotion of Women’s Health Education and Wellness programs through a deeper understanding of the Biopsychosocial **Model**.
 - Developed the competencies to design, develop, implement, and evaluate Women’s Health programs domestically and internationally.
 - **Capstone Project, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD 2012-2013**
“Effects of Selective Serotonin Reuptake Inhibitors (SSRIs) on Outcome of Pregnancy-On Newborns.”
 - Conducted year-long research and literature review – 64+ publications. Analyzed data and developed current treatment trend analyses and reports for treating pre-existing and perinatal depression in pregnant women.
 - **Secured a Graduate Level Certificate focused on Maternal & Child Health (MCH), Johns Hopkins University- Bloomberg School of Public Health, Baltimore, MD 2012-2013**
 - Developed expertise to improve MCH welfare through the extensive data. Conducted various analyses and prepared reports regarding all the current and past federal and state legislative mandates relative to MCH.

CLINICAL LEADERSHIP & OPERATIONS MANAGEMENT EXPERIENCE

Spartanburg County Mental Health Department, State of South Carolina, Spartanburg, SC

Mental Health Programs Coordinator 2011-2012 *(year-long engagement)*

Coordinated and assisted counseling sessions and supported counselors with record management, charting session notes. Interacted with medical professionals – *physicians, psychologists, counselors, social workers, and department heads*. Worked to promote and improve mental health programs through active board meetings and day-to-day involvement. Prepared reports informing status of programs, services, and initiatives.

- **Increased patient and family knowledge, understanding, and support.** Developed new instructional materials after careful assessment of existing offerings.
- **Developed operational knowledge and expertise** regarding mental health and computerized diagnostic and treatment equipment advances, prevailing government regulations, insurance changes, and financing options.

Professional Break 2008-2011

Managed final medical practice closure settlement details and multiple relocations. Prepared for entry in the MPH program.

The Trauma & Surgery Associates, Irving, TX

Practice Administrator/Office Manager 2001-2008

Managed practice operations from 2001-2005, shifted focus to practice liquidation and closing after primary physician passing in 2005.

Directed, managed, and supervised staff and 3rd-party vendors, medical, nursing, technical, administrative, service, and maintenance personnel in daily operation of busy trauma and plastic surgery practice. Managed accounts payable and receivable (AP / AR) and ensured positive cash flow for rapidly growing practice. Developed operational and planning budgets. Recruited, hired, managed, and mentored staff. Oversaw procedure and staff scheduling; ensured appropriate teams for scheduled procedures. Met OSHA safety regulations, and HIPPA confidentiality mandates in all paper and digital records. *(Office leadership concurrent with studies for the US medical exam – earning MD certification in 2008.)*

- **Delivered 70% revenue increase** with addition of new surgical theater – added \$2 million to bottom-line revenue over 4 years. Researched and guided equipment purchases and directed installation, setup, and training.
- **Improved reporting and simplified** record keeping while adhering to HIPPA standards. Created and maintained a computer-based patient record management system. Mapped and executed efficient practice expansion strategies and associated marketing campaigns.
- **Boosted patient satisfaction by 90%.** Improved communication, cut patient wait times by 50%, and increased patient retention by 60%. Refined schedule management with improved processes and procedures. Grouped like surgeries and enhanced office flow and maximized surgical theater use. Boosted quality standards.
- **Navigated complex legal processes.** Liquidated inventory, managed patient transition, and resolved practice corporation assets and holdings as part of practice dissolution.
- **Earned entry into selective dual master's program** with John Hopkins after practice closure.

Baylor College of Medicine, Houston, TX

Senior Research Assistant & Coordinator, St. Luke Hospital, Houston TX 2008 *(2-month engagement)*

Updated, maintained, reviewed, and analyzed research project data and record management systems – diabetes management and insulin dosing research study. Produced project status and planning reports; aided in research analysis and budget, and goal-setting decisions.

- **Enhanced expertise** surrounding medical advances, research and treatment strategies, clinical data processing technology, and research protocols and regulations.

Hameed Latif Hospital / IVF & Test Tube Baby Center (Private), Pakistan

Chief Medical Officer (in country's only IVF & Test Tube baby center with U.K & U.S. trained medical experts) *(4 years)*.

Led an interdisciplinary team of around 25 staff and administered fiscal and business functions in #1 hospital in Pakistan – *100-beds, nurses, medical and surgical assistants, and administrative personnel delivering services in inpatient, outpatient, labor and delivery, and business offices, in 3 languages*. Oversaw treatment plan development and administration for 25-50 patients, daily – *many traveling cross-country for medical treatment at prestigious facilities*. Managed operations: maximized use of equipment and services, and adjusted facility staffing to meet growing demands. Established rates, planned budgets, authorized expenditures, and orchestrated reporting. Mentored, coached, and encouraged staff and students.

- **Saved \$4 million** during 4-year employment. Introduced standards of care; reduced patient readmissions by 25% and decreased length-of-stay (LOS) by 2-4 days (*average*) with operational and communication improvements.
- **Reduced infection rate by 90%** as Director of Hospital Infection Prevention and Control Committee. Initiated, planned, and headed quality assurance initiatives. Introduced clearly defined protocols.
- **Developed and maintained a centralized, confidential, computer-based record management system.** Enabled quick access to patient data and rapid routine and ad hoc reporting.
- **Opened and liaised communication** between governing boards, medical staff, and department heads. Attended and contributed to board meetings and coordinated interdepartmental workflow and functions.

EDUCATION

- **Master of Public Health (MPH, Women's Health) 2013**- Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
- **Post-Graduate Maternal & Child Health Certificate 2013**- Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD
- **MD Degree (US Certified) since 2008** - Educational Commission for Foreign Medical Graduates (ECFMG)
- **Bachelor of Medicine / Bachelor of Surgery (MBBS)**- Punjab University, Lahore, Pakistan

PUBLIC HEALTH, MANAGEMENT & LEADERSHIP TRAINING and CERTIFICATES

- **Project Management Professional (PMP®) Certificate**- *Exam Preparation Course Series by Project Management Institute (PMI), 45 credit hours*
- Howard County General Hospital/Johns Hopkins Affiliate, Columbia, MD
 - **Diabetes Self-Management Program (DSMP) Leadership Training & Certification 2019** Department of Health & Mental Hygiene DHMH, Baltimore, MD
 - **Reimbursement and Appropriate Diabetes Coding Training & Education Session 2015**
 - **Building Referral Systems: Connecting Provider to Your Community Programs 2015**
- Baltimore City Health Department, Baltimore, MD
 - **MD Quit Fax to Assist Training 2015**
- Johns Hopkins Program for International Education in Gynecology & Obstetrics (**JHPIEGO**), Baltimore, MD
 - **Modified Computer Assisted Learning (Mod CAL) for Training Skills certificate 2013**

ADDITIONAL TRAINING & CERTIFICATIONS

- **Blood Borne Pathogen Certificate**- ProTrainings 2023
- **CPR Certification**- American Heart Association 2012-2023
- **PRISON RAPE ELIMINATION ACT (PREA) Certificate** YesCareCorp 2019-2023
- **HIPPA Privacy & Security (Link)** YesCareCorp 2023
- **E/M Coding Course**, American Medical Association 2009