

# NARISSA SOLANKI

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## PROFESSIONAL SUMMARY

An experienced child and youth worker looking to expand my experiences through new internships or part time job opportunities. With hopes of being a future mental health clinician.

## EXPERIENCE

**Columbia Gymnastics, Columbia, MD** – *Recreational class coach/Summer camp counselor*

JUNE 2017 – AUGUST 2022

- Taught preschool and elementary aged students self control and discipline
- Maintained a fun-filled atmosphere with class participants while remaining professional and focused on achievement
- Promoted stretching, mobility work and proper form to help athletes safely build strength
- Engage with groups of 10 students in arts and crafts
- Built positive and productive relationships with students and parents to further program objectives and overall success

**Childrens Manor Montessori School, Ellicott City, MD** – *Teachers Aide*

DECEMBER 2021 – CURRENT

- Supported student learning objectives through personalized and small group assistance.
- Assisted teachers with classroom management and document coordination to maintain a positive learning environment
- Assisted teachers with supervision and care of a group of 8-20 children.
- Promoted physical, mental and social development using classroom games and activities.
- Assisted with book keeping and record maintenance

## EDUCATION

**Towson University, Towson, MD 21252** – *Bachelor of Science in Psychology*

AUGUST 2021 – EST MAY 2025

- Dean's list- Spring 2022
- Dean's list- Fall 2022

#### RELEVANT COURSEWORK:

Educational Psychology: learning process and related concepts, human development, individual differences, measurement and evaluation, personality and adjustment.

Human Development: overall development of the human throughout the life span with an emphasis on physical, cognitive, social and emotional dimensions.

#### SKILLS

- General housekeeping
- Schedule oversight
- Understanding of child development
- Communication and interpersonal skills
- Organization and time management
- Experience with children ages 2-12