

STEPHANIE AL-ADHAMI, MSN, RN, NPD-BC, CAPA

Testimony in Support of CR146-2025

My name is Stephanie Al-Adhami, and I am here tonight to testify in support of item CR146-2025, my appointment to the Commission for Women. I am grateful to have the opportunity to be here tonight to share why I am drawn to support my neighbors as a member of this Commission.

Howard County is my home. I bought my first house here, I started my family here, my children go to school here, and I work at our county's only hospital. I have been a member of the Colonel Thomas Dorsey chapter of the Daughters of the American Revolution in Ellicott City, and I have organized drives of baby care supplies for the Howard County Diaper Project and books for newborns at Howard County Medical Center. This community is ingrained in the fabric of my family, and I want to give back in a way that honors all it has given us.

When I was younger, I always dreamed of one day becoming U.S. Secretary of State. It was an unexpected dream from a young suburban girl with no family history in politics, but it held my interest for many years. As an adult, I think back on that dream fondly not because it was unique or ambitious, but because I can appreciate how fortunate I was to grow up in a time when little girls could have such dreams. I was 7 years old when Madeleine Albright was sworn in, and when I met her 25 years later, I thanked her for creating a world where a little girl never considered that her sex could prevent her from reaching her goals.

I am now in a position where I would like to use my time and talents to continue promoting the economic, social, and political equality of all women. As a member of the female-dominated profession of nursing, I see what can be accomplished when women are respected and empowered to be successful. As the mother of a toddler girl, I see the opportunities that still exist to foster a world of gender equality for my daughter to conquer. I am eager to rise to those opportunities and help create meaningful change through the Commission for Women. Thank you.



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