## Sayers, Margery

From:

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Sent:

Thursday, April 09, 2015 9:45 PM

To:

CouncilMail

Subject:

County should do more to make healthy choices available

## **Dear Howard County Council Members:**

When I heard that Howard County soda sales were declining faster than national rates, I started thinking about other things that you could do to continue the momentum.

Chief among them? I think that you and your colleagues should pass a law to encourage healthier food and drink choices by making them widely available, affordable, and noticeable, on county property and during county programs. You can do this in a way that preserves freedom of choice, protects children's health, allows for reasonable exemptions, and provides for effective implementation.

By doing so, Howard County would join over 60 other state and local governments that have taken action to improve their food environments.

Hope you will consider taking action to improve the health of Howard County residents. Please let me know where you stand on this issue.

Thanks,

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