

## Sayers, Margery

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**From:** Barbara Wasserman <bpwasserman@jhu.edu>  
**Sent:** Saturday, April 25, 2015 12:43 PM  
**To:** CouncilMail  
**Subject:** Howard County should pass CB 17-2015

Dear Howard County Council Members:

I heard that the Council will soon be discussing CB 17-2015 -- the bill to make healthy food and drink choices more widely available on county property. I fully support this bill.

The County spends a substantial amount of taxpayers' money treating employees' chronic diseases. Given that, the county government should take reasonable steps like these to encourage good nutrition, keep employees healthy and reduce health care costs.

As a physician I have dealt frequently with the chronic diseases associated with overweight and obesity. The morbidity and mortality associated with overweight/obesity are very high. The adverse impact on the quality of people's lives is also great. Please support CB 17-2015. Education on food/beverage choices is important but cannot alone deal with the task of getting people to make healthier food/beverage choices. The approaches outlined in CB 17-2015 will go a long way to help people in Howard County achieve and maintain a healthy weight and avoid the serious and costly chronic diseases associated with overweight and obesity.

I urge you to pass this law. Please let me know how you intend to vote.

Sincerely,

Barbara Wasserman  
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